

ATTENTION

This patient is being treated with the anticoagulant Marcoumar[®] (Phenprocoumon). There is a possibility of bleeding problems.

EMERGENCY BOOKLET (*translation*)

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This patient is being treated with the anticoagulant Marcoumar[®] (Phenprocoumon) for the following reason_____.

Due to anticoagulant therapy, this patient is susceptible to prolonged or excessive bleeding following accidents, surgery or tooth extraction.

PLEASE NOTE: The anticoagulant therapy with which you are being treated, can only be successful if you closely follow your doctor's orders as well as the following instructions:

1. With the start of anticoagulant therapy, you have received this booklet, which records the results of your coagulation tests and of the number of anticoagulant tablets which your physician has prescribed. **Carry this booklet with you at all times !**
2. **Concomitant medication may interfere with the effectiveness of your anticoagulant therapy.** A number of drugs may cause excessive bleeding (by potentiating Marcoumar[®]) and should be avoided (e.g. Aspirin and/or ASS-containing medications). **Any additional medication should be approved by your physician.** Avoid excessive alcohol intake.
3. **Intramuscular injections are contraindicated.**
4. **Prior to any surgical interventions** anticoagulant therapy with Marcoumar[®] should be discontinued or coagulation should be normalised by administration of Vitamin K (Konaktion[®]). Please **inform your physician** before undergoing any surgical interventions.
5. Following procedures may be administered in case of **accidents or emergency operations:**
 - Fresh or conserved blood
 - Fresh or conserved plasmaIntravenously – administered Vitamin K (Konaktion[®]) requires 3-5 hours to become fully effective.
6. **Contact your physician or hospital immediately** (even at night or on weekends) if you suddenly display any of the following symptoms:
 - black or "tar"-like stool
 - abrasions caused by blunt trauma
 - sudden abdominal cramps or pain
 - episodes of excessive bleeding**Contact your physician or hospital within 24 hours** if you display any of the following symptoms:
 - reddish or brown coloured urine (blood in urine)
 - numerous abrasions
 - any other unusual symptoms
7. Please remember to always inform the treating physician or hospital that you are under anticoagulant treatment. **Show them this booklet !** Consult your doctor before making a trip abroad.
8. **Seek your doctor's advice if you need any further explanations or clarification.**